

A NOTE TO FAMILIES

Caring for a loved one with Alzheimer's and dementia related disorders can cause you stress, anxiety, exhaustion, and frustration. Physical and emotional health can often suffer as do relationships with family and friends.

If this sounds like your situation, we understand. Open Arms offers both short and long term relief with our Day Club.

Peace of Mind

All Staff Members are prescreened, and insured.

Our thorough background checks ensure all of our staff meet our stringent standards.

OUR MISSION

Open Arms promotes the quality of life and independence for older, frail adults through health, social, and supportive services.

We work with health professionals, families, volunteers, churches, civic organizations, and businesses that want elders to age positively, safely, and with dignity. We help families keep their loved ones at home as long as possible to delay or prevent placement in a nursing home or assisted living facility. We enable families to afford our services by coordinating use of federal, state and county programs.



18b Maple Street

Lebanon, NJ 08833

(Located in the Lebanon Reformed Church)

Tele: 908-840-4128

Or

908-823-0659

www.openarmsdayclub.com



**We offer quality care
and affordable rates in a
safe and supportive
environment**



**AN IDEAL SOLUTION FOR FLEXIBLE
SENIOR DAY CENTER NEEDS
FOR
YOUR LOVED ONE**

Day Club

OUR MEMBERS: Many of our members have varying levels of physical and cognitive challenges such as: Alzheimer's, Parkinson's, Diabetes, and Osteoporosis. Other clients are isolated and lonely while their loved ones are working during the day.

MEMBER PROGRAMS: Tai Chi, seated aerobics, pet therapy, spa day, bowling, painting, ceramics, balloon volleyball, podiatry services, brain gym, movies, Bingo,



entertainment and much more. Our members can enjoy these engaging activities or simply prefer to read or relax in a comfortable setting.

DAILY SCHEDULE

8-10:30am-Breakfast & Cognitive Activities

10:30-12:00pm-Physical and Cognitive Orientation

12:00-Lunch

12:45-1:30-Rest (Movies or word puzzles)

1:30-3:00-Exercise our brains and body

3:00-Closing- Table Games

Special Programs including presentation by Hunterdon County Parks Department and crowd pleasing entertainers.

Open Arms

O Outstanding Care **A** Affordability
P Physical Activities **R** Reliability
E Excellent Programs **M** Memory Games
N Nutritious Meals **S** Stimulation

Our "Hands On" Policy



Eliana Di Giacomo
President

Open Arms evaluates our members needs through discussions with family members and a questionnaire. We assess both the members cognitive and physical abilities. We also take into account their likes and dislikes so as to incorporate suitable cognitive and physical stimulation. This allows us to develop an individualized care plan to meet those needs. Once your loved one is admitted into the program we will continue to keep in touch on a regular basis. This ensures that you are kept up-to-date of any changes.



AFFORDABILITY: Compare the cost of our Adult Day Club to homecare or assisted living. You will save 40%-80% of that cost and be able to have your loved one home every night! **OPEN ARMS OFFERS MORE FOR LESS.**

Complimentary Visit

Come see the warmth, sensitivity, support, and activities first hand. You'll hear music, laughter, stories of bygone eras, health tips, shouts of "BINGO", and dance shoes tapping.

CALL TODAY TO SCHEDULE YOUR COMPLIMENTARY VISIT!

908-840-4128

When your loved ones need reliable adult day care, Open Arms Adult Day Club gives you "**Peace of Mind**". Our location in nearby Lebanon, NJ is a club—Open Arms offers fun and engaging activities in a safe and nurturing environment. You can rest assured that our Open Arms are here to help at reasonable rates.





Open Arms Adult Day Club

ATTENTION!

OPEN ARMS IS PROUD TO ANNOUNCE OUR NEW DROP-IN PROGRAM

Do you have a last minute appointment, event, errand, etc. and cannot take your senior loved one with you. Well have no fear Open Arms is here. We are **NOW OFFERING DROP-IN SERVICE**. You can drop your loved one off and they will have a fun filled day. We offer stimulating activities in a caring environment. Open Arms gives you **"Peace of Mind"** while you are doing what needs to be done!

CALL US IMMEDIATELY TO FIND OUT MORE!

908-823-0659



Mailing Address

*P.O. Box 96,
Whitehouse Station, NJ 08889
Tele: 908-823-0659*

Daycare Location

*18B Maple Street,
Lebanon, NJ 08833
Tele: 908-840-4128*